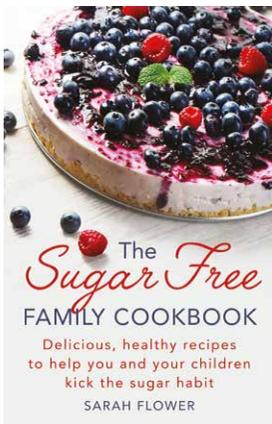




## BOX FRESH

Sometimes it can be a battle to get our kids to opt for the healthy stuff, but ChewyMoon is out to change that. The subscription box for children contains five all-natural snacks, from fruit shapes to smoky coconut chips, as well as comics and collectible cards. Customise your box by choosing from over 40 different options.

From **£4.75**, [chewymoon.com](http://chewymoon.com)



## SWEET TALK

New book, *The Sugar Free Family Cookbook* by Sarah Flower aims to get everyone off the sweet stuff, featuring practical advice and recipes, and healthier options for events such as birthdays and barbecues. **£12.99**, **Robinson**

Enjoy something sweet without the unnecessary sugars – so good, you'll be fighting over the bag



## NATURALLY GOOD

Have you tried Bicky Boms yet? The latest nutritional delight from Livia's Kitchen features a crumbly oat base and soft date centre, coated in cacao. Available in chocolate, ginger, and salted maca caramel flavours. **£4.99**, [selfridges.com](http://selfridges.com)



## TESTING TESTING

Identify your child's food intolerance quickly with the new FoodScan Junior. The finger-prick test is screened against 113 ingredients, with results sent back to you in 10 days. Each kit includes two phone consultations with a nutritionist; if no reactions are found, you'll receive a partial refund. **£250**, [yorktest.com](http://yorktest.com)

# food NEWS

*The latest and greatest foodie finds for your mini diners*

## INSIDE THE LINES

'Colouring-in specialist' EggNogg has something new for little hands to get creative with. Its printed canvas picnic rug backed with waterproof nylon, is just ready and waiting for a splash of colour. Each rug comes with washable fabric pens, and when you're ready for a change, just pop it in the washing machine and start again.

**£39**, [eggnogg.co.uk](http://eggnogg.co.uk)



Three quarters of parents worry about their child's diet, according to a poll by Heinz. 46% said their child refuses to eat salad and veg, with cabbage needing the most convincing. [heinzgrowyourown.co.uk](http://heinzgrowyourown.co.uk)